Rob Adesanya

Strategic capability adviser, trainer, speaker and author

Practical judgement, retained learning and Monday-morning application for a changing world of work.

PROFILE

Rob Adesanya helps leaders, professionals and organisations build practical judgement, stronger communication and real capability for a changing world of work.

As a London School of Economics alumnus, his work is shaped by academic study, international exposure and practical delivery experience. He works with professional audiences across the UK, Europe, the Gulf region, Latin America, Africa and China.

SIGNATURE TOPICS

- High-impact leadership and practical judgement
- Human resource strategy and operations
- Organisational capability and performance
- Trust, communication and influence at work
- AI, blockchain and the future of work
- The invisible curriculum of careers and leadership

DELIVERY FORMATS

- Keynotes and conference sessions
- Half-day and one-day workshops
- Two-day intensives and leadership modules
- Cohort-based capability programmes
- Advisory conversations and strategic support

AUDIENCE FIT

- Leadership teams and emerging leaders
- HR, L&D and organisational capability teams
- Managers responsible for performance and communication
- Professionals adapting to AI, automation and change
- Conferences, panels, podcasts and internal events

SELECTED BOOKS

- You Were Taught to Be Poor
- The Invisible Curriculum
- The Future Doesn't Care About Your Qualifications
- How to BS

WORKING STANDARD

Rob designs sessions around clarity, retention and practical application. The aim is not passive attendance, but usable judgement, stronger language and tools people can apply immediately.

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Participant feedback included on page 2

PARTICIPANT FEEDBACK

Clear, practical and useful beyond the room

Selected feedback from professional programmes delivered between 2024 and 2026. Names and roles are shown where delegates gave permission. Organisation names are omitted to avoid implying institutional endorsement.

FEATURED FEEDBACK

"Rob explains challenging concepts in a way that makes sense, and the interactive activities and case studies helped me understand how to apply the topic in practice."

Abdullah, Director
Energy sector | Course year: 2025

"The simulations, role-play activities and case studies brought the concepts to life and gave us the opportunity to apply them in a safe environment."

Mrs Muneera B, Director
Public administration | Course year: 2025

"Rob does not just lecture; he navigates the room dynamically, drawing out insights from every participant. The course altered how we approach long-term talent retention."

Chayanit Prasert, Head of Executive HR & Talent Pipeline
HR and workforce planning | Course year: 2025

ADDITIONAL PARTICIPANT THEMES

Real-world case studies

Immediate practical value for restructuring plans.

Mateo Santos, Director of Operations

Operations and governance | 2025

Leadership development

Constructive feedback that strengthened leadership confidence.

Nguyen, Director of Human Capital

Human capital and restructuring | 2026

Digital adoption and trust

Leading teams through rapid digital adoption while retaining trust.

Dalal, Head of Consumer Banking Services

Banking and digital adoption | 2024

Clear explanation

Complex concepts explained in a way that makes sense.

Mrs Salma, Leader of Organisational Culture

Organisational culture | 2026

Participant feedback remains permission-led. Rob reviews all testimonial wording before it is published, quoted in proposals or used in public-facing materials.